

Male fertility check

Male fertility

People are often surprised to hear that male problems account for approximately one-third of couples having difficulty conceiving. A male fertility assessment means that sperm abnormalities can be detected early, and relevant lifestyle factors addressed.

What is involved?

The test for assessing male fertility is called semen analysis (SA), and it gives detailed information on sperm quantity and quality and therefore fertility potential. The test is straightforward and non-invasive, and the sample can be produced in the comfort of your home. A fertility specialist will discuss the results of the test with you.



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My Fertility Check

Pricelist

Female

Complete fertility check includes:

-  Anti-Mullerian Hormone (AMH)
-  Pelvic Ultrasound Scan
-  Detailed Medical Consultation

€275

Fertility Snapshot

-  Anti-Mullerian Hormone (AMH)
-  Phone consultation to discuss result

€100

Male

Includes:

-  Semen Analysis
-  Detailed Medical Consultation

€175

Both partners

Includes:

-  Semen Analysis
-  Anti-Mullerian Hormone (AMH)
-  Pelvic Ultrasound Scan
-  Detailed Medical Consultation

€400

Contact us

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Follow us



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Your Fertility Matters



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Welcome to My Fertility Check

My Fertility Check is a self-referral fertility assessment service available to men, women and couples. Whether you are trying for a baby, hoping to start a family in the future or have a fertility concern, this assessment will provide information about your reproductive health that will help you make realistic life plans.

My Fertility Check involves straightforward and focused investigations delivered by gynaecologists who specialise in fertility.



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Why get your fertility assessed? Did you know?



A WOMAN'S FERTILITY PEAKS IN HER EARLY AND MID 20s

IT BEGINS TO DECLINE SLOWLY IN HER LATE 20s AND EARLY 30s. AFTER 35, THE DECLINE OCCURS MORE DRAMATICALLY. THE OLDER A WOMAN IS, THE HARDER IT CAN BE TO CONCEIVE BOTH NATURALLY AND WITH ASSISTED REPRODUCTION.



**1 IN 6 COUPLES
HAVE TROUBLE CONCEIVING**

**APPROXIMATELY
1/3 OF CASES
ARE MALE RELATED**



FEMALE INFERTILITY ACCOUNTS FOR A FURTHER ONE-THIRD, AND ISSUES WITH BOTH MALE AND FEMALE ACCOUNT FOR THE FINAL THIRD.

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Female fertility check

Knowledge is power!

Every woman is born with her lifetime supply of eggs, which diminish in number and quality with increasing age. Some women still have adequate egg numbers in their late 30's but many do not; some even experience a significant decline without any warning signs.

My Fertility Check enables women to have their number of eggs (ovarian reserve) assessed. The more knowledge you are armed with, the more control you will have over your plans for having a family. The results may be positive and reassuring, or may identify a concern, thus allowing you to be proactive about your fertility.

What is involved?

My Fertility Check for women will assess your Anti-Mullerian Hormone (AMH) level through a blood test, and will assess the health of your uterus, Fallopian tubes and ovaries through a pelvic ultrasound scan. The results will give comprehensive information about your ovarian reserve and will be discussed during a detailed medical consultation with a fertility specialist.

Fertility Snapshot

Anti Mullerian Hormone (AMH) is a convenient and specific blood test for quantifying ovarian reserve.

This simple test will give you an indication of your ovarian reserve based on the normal range for your age.

A normal AMH result gives reassurance that you have good ovarian activity. A fertility specialist will telephone you to discuss your result.



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